

## The Men's Program

For more information on the program, enrollment in the support groups or counselling, please call:

905-270-2250

Or the Toll-Free Intake Number:

1-855-505-5205

[www.fspeel.org](http://www.fspeel.org)

*This program is funded by the:*

Ministry of the Attorney General



Inclusion

Diversity

Access

**FAMILY SERVICES of PEEL**



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Since 1971

## The Men's Program

**A community support service for men who have been sexually abused.**

Inclusion

Diversity

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## The Men's Program

The Men's Program provides free and confidential counselling support to men who have experienced sexual abuse or assault.

The program supports men, aged 16 and over, to manage life in a healthier and more empowering way by building positive coping skills. It is designed specifically to meet men's needs in a way that speaks to men.

You are not ALONE.  
Approximately 1 in 6 males  
in Canada experience some form  
of sexual abuse before the age of 18.

**Family Services of Peel** is pleased to offer a program that helps build resiliency and healing.

- Individual face to face counselling
- Telephone counselling
- E-Counselling
- Therapeutic groups
- Peer to peer counselling groups

## The Men's Program

### Client Testimonial

“ As a child, I was abused sexually, emotionally and physically. In common with most abused children, I developed so-called "survival strategies" which enabled me to cope. The very tools which helped me survive as a child, however, became serious obstacles in my adult life. They have led to great difficulty in forming and maintaining relationships, especially in my marriage, as well as with struggles of addiction and depression.

Family Services of Peel is providing me with counselling which is assisting me to understand and deal with life as an Adult Survivor of Child Abuse. The future holds hope. A hope I could not achieve without their help. The Men's Program is, quite literally, a life-saver. It is a tremendous asset both to the community and to the men who have been victimized.

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