

The Men's Program

For more information on the program, enrollment in the support groups or counselling, please call:

905-270-2250

Or the Toll-Free Intake Number:

1-855-505-5205

www.fspeel.org

This program is funded by the:

Ministry of the Attorney General



Inclusion

Diversity

Access

FAMILY SERVICES of PEEL



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Since 1971

The Men's Program Support Group for Family Members, Partners and Friends

A community support service for men who have been sexually abused.

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The Men's Program provides free and confidential counselling support to men who have experienced sexual abuse or assault.

The program supports men, aged 16 and over, to manage life in a healthier and more empowering way by building positive coping skills. It is designed specifically to meet men's needs in a way that speaks to men.

Family Services of Peel is pleased to offer a support group for family members, partners and friends of men who have been sexually abused. Topics include:

- The impact and consequences of trauma and abuse.
- Helping your loved one manage his feelings of anger, mourning and grief.
- Building support and resilience.
- Helping your loved one reconnect and move out of social isolation.
- Reframing relationships and intimacy.

All group sessions are free.

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Client Testimonial

“As a child, I was abused sexually, emotionally and physically. In common with most abused children, I developed so-called "survival strategies" which enabled me to cope. The very tools which helped me survive as a child, however, became serious obstacles in my adult life. They have led to great difficulty in forming and maintaining relationships, especially in my marriage, as well as with struggles of addiction and depression.

Family Services of Peel is providing me with counselling which is assisting me to understand and deal with life as an Adult Survivor of Child Abuse. The future holds hope. A hope I could not achieve without their help. The Men's Program is, quite literally, a life-saver. It is a tremendous asset both to the community and to the men who have been victimized.

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