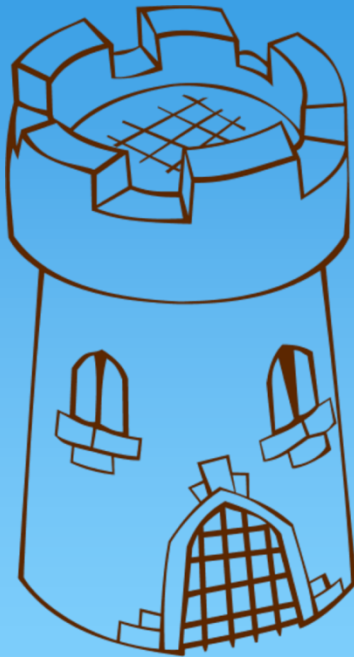


Academic - Community Collaborations: Opportunities & Challenges



Dr Harvey Skinner, Founding Dean
Faculty of Health, York University
health.info.yorku.ca



Peel Institute for the Prevention of Violence
May 29, 2015

Presentation Objectives

- 1) Working with Academics?
 - Describe Some 'Secrets'
- 2) Overview of York's New Faculty of Health
 - Leading transformative change in health promotion, prevention and health care
- 3) Explore Opportunities for Collaboration
 - Achieving the 'Big Idea' through Diverse Partnerships for Prevention of Violence


A Vision

Imagine a future in which almost everyone is leading active and happy lives – while living healthier, longer free from oppression and violence. The best preventive, mental health and social services are available to all when they need it. Collaborators from all over the world share their innovations and lessons, while drawing insights and resources to enrich their own regions.





Working with Academics

- 1) 'Academic Freedom' : try setting bowls of cream
- 2) Understand the 'Give-Get' : what both academic and community need to create a viable partnership
- 3) Roll with the Academic Year: tide rushes over in September and subsides in spring and summer
- 4) Alignment of Goals & Roles: 'dancing with porcupines' 
- 5) Mutual Respect: 'equals' in the partnership if not in current circumstances

The BIG Idea

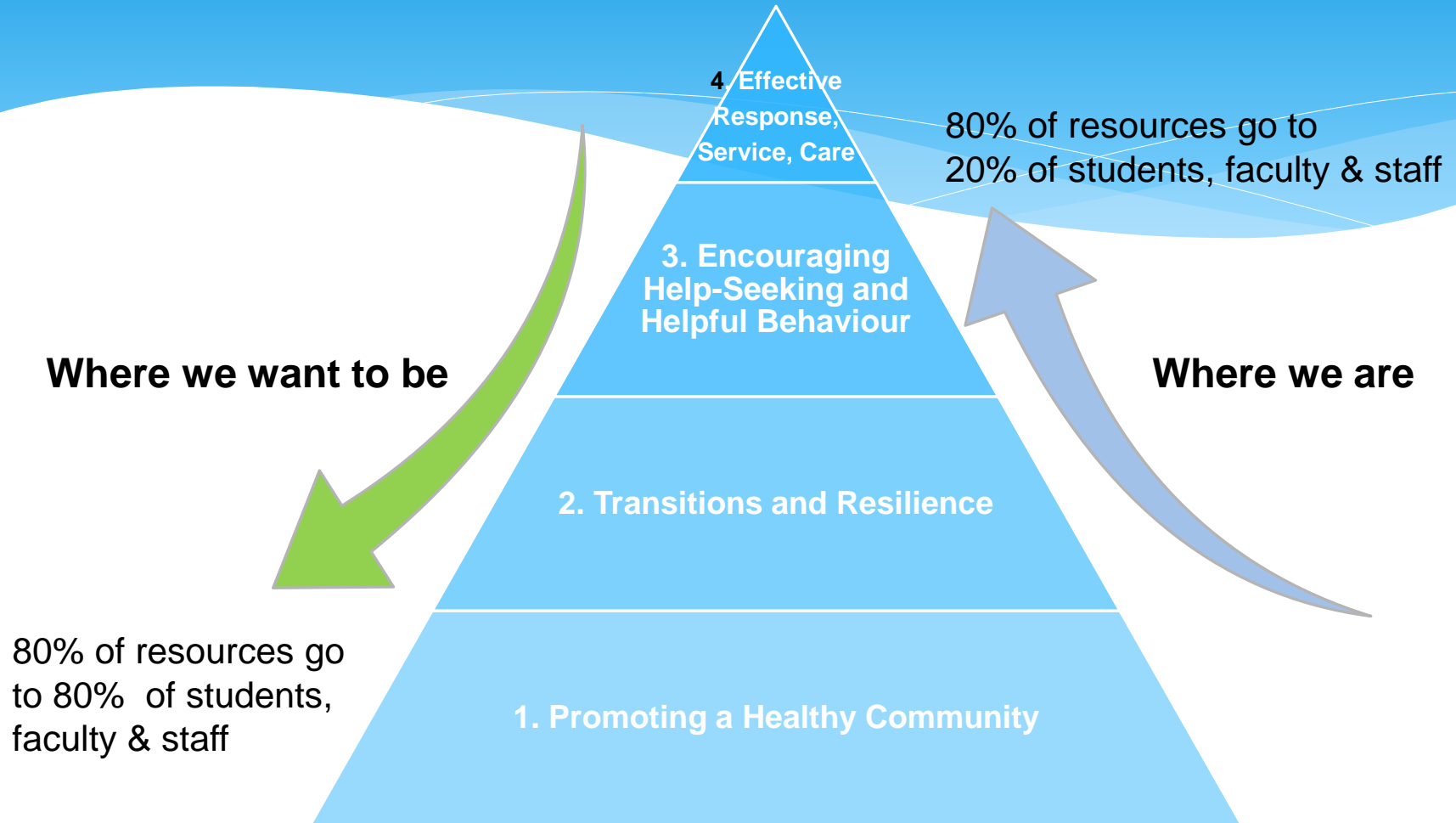
‘Keeping more people healthier longer’



- ❖ Building integrated and sustainable health promoting & healthcare systems
- ❖ Addressing both the Demand and Supply sides of the systems

‘First Health, Then Medicine’

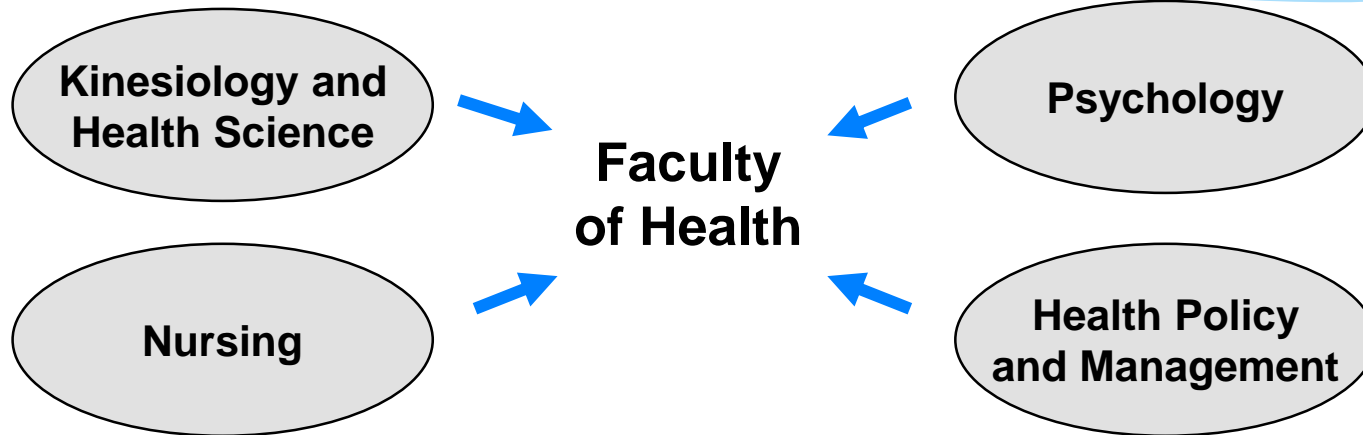
Our Objective



Faculty of Health: Brings together four Units and diverse programs with almost 11,000 students and over 400 full & part time faculty

- BA and BSc in Kinesiology & Health Science
- MA and MSc in Kinesiology & Health Science
- PhD in Kinesiology & Health Science

- BA, BA Honours, Specialized Honours in Psychology
- BSc, BSc Honours, Specialized Honours in Psychology
- MA in Psychology
- PhD in Psychology



- Collaborative BScN - 4 Year – with Seneca and Georgian colleges
- 2nd Entry BScN
- Internationally Educated Nurses BScN
- Master of Science in Nursing (MScN)
- PhD in Nursing planning underway

- BHS Honours: Health Management; Health Informatics; Health Policy
- Certificate in Health Informatics
- MA and PhD in Critical Disability Studies
- Interdisciplinary MA/PhD in Health

New Interdisciplinary BA/BSc Global Health program



health

YORK
UNIVERSITÉ
UNIVERSITY

AGENTS OF CHANGE

health.yorku.ca

Faculty of Health
York University



Knowing

Critical
Creative
Integrative

Social
Responsibility
Citizenship
Life-long learning
Respect
Courage

Being

Doing

Role Modeling
Educating
Advocating
Mobilizing
Leading

***‘We are Agents of Change for Health: transforming
lives, communities, systems and the world.’***



Global Health

From Campus to the Corners of the World

**Global Health BA & BSc
Applied MA/MSc and Research PhD**
globalhealth.yorku.ca



LaMarsh Centre for Child and Youth Research



LaMarsh Centre for Child and Youth Research

- * Was established in 1980 as the *LaMarsh Centre for Research on Violence and Conflict Resolution*
- * New name, mission and strategic plan in 2009 to better reflect the diversity of research happening at the Centre.
- * Over 20 Researchers representing: Psychology, Education, Epidemiology, Kinesiology, Nursing, Social Work, Environmental Science
- * One director; one coordinator



Exchanging ideas
Creating a
community of
learning and training
Developing
knowledge and skills
Providing student
mentorship

**A
Collaborative
Learning
Community**

**Safety and
Health in
Society**

Influencing policy
Providing research based advocacy
Promoting healthy development
and well-being
Embracing diversity



Vision

**Child & Youth
Research that
Matters**

**Scientific
Excellence**

Adopting a rigorous
approach to research
Conducting externally
validated research
Promoting innovation
Research into Practice



Responding to
community issues
locally and globally
Being process and
outcome focused

**Mobilizing
knowledge**



Major Initiatives

The Bullying Prevention / Healthy Relationships / PREVNet-affiliated initiative (Pepler, Connolly & Toplak)

The Youth Mental Health and Resilience initiative (Bohr, Flett, Rawana & Connolly)

**Child and Youth
Research that
Matters**

The Adolescent Romantic Relationships & Vulnerable Teen projects (Connolly, Tamim, Bohr & international partners)

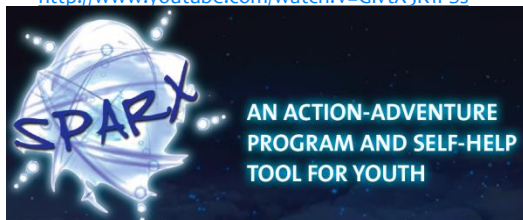
The Global Infant and Child Mental Health initiative (Bohr, Connolly, Pepler, Tamim, Rawana, and York & international partners)

Example of a Current Study

Making SPARX fly in Nunavut

- *A pilot trial to test the effectiveness of a computer-based tool designed to boost resilience in Nunavut youth who are at risk for depression
- *In collaboration with the Government of Nunavut, Department of Mental Health and Addictions, Qaujigiartiit Health Research Centre and Auckland University. The SPARX (Smart, Positive, Active, Realistic, X-Factor thoughts) computer program was developed by a team at Auckland University to assist youth to learn new skills that help to reduce symptoms of depression and/or stress. The pilot project will have run in three phases from September 2014 to December 2016.

[*http://www.youtube.com/watch?v=GlvX5KiPSs](http://www.youtube.com/watch?v=GlvX5KiPSs)



Women's Health Research Chair in Mental Health Faculty of Health, York University

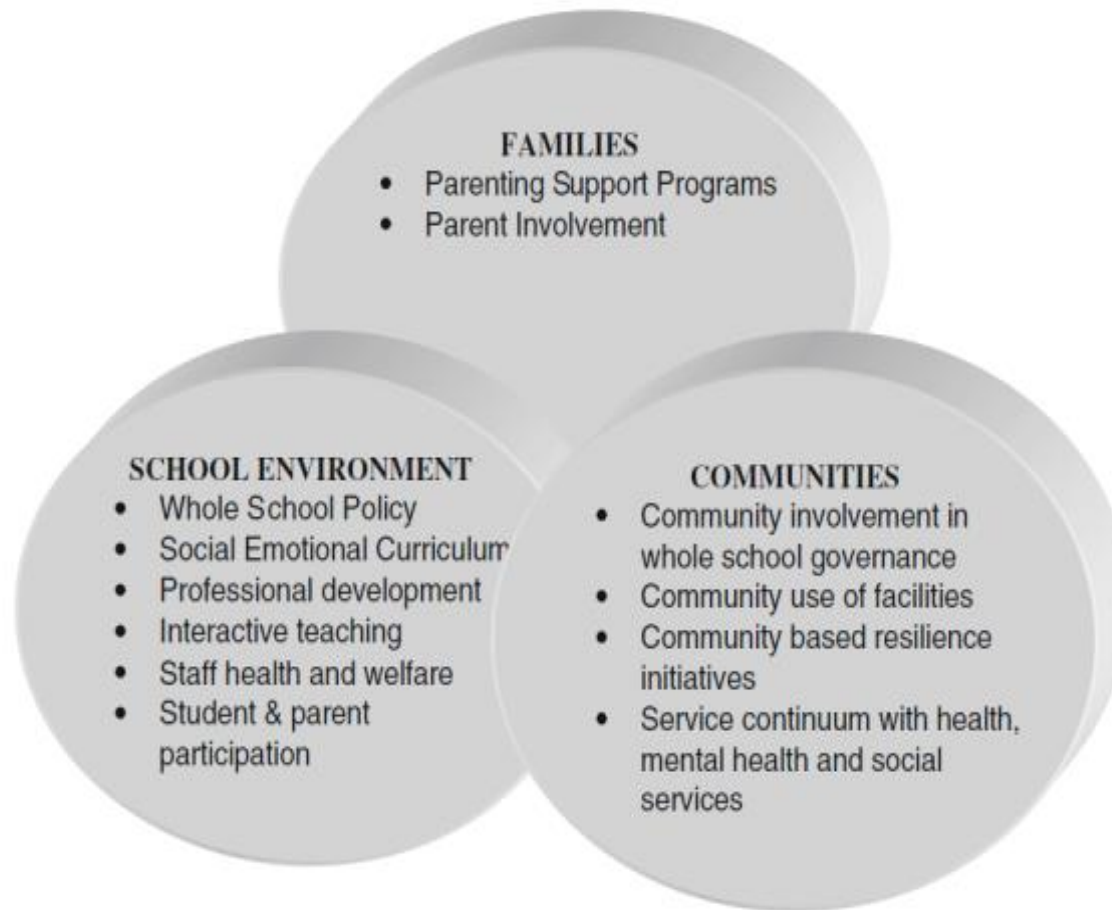
Nazilla Khanlou, RN, PhD

Goals

- * To conduct interdisciplinary scholarship toward enhancing mental health of Ontario's and Canada's *women, children and youth*.
- * To develop new models of faculty-student and faculty-faculty *collaboration* on scholarly initiatives.
- * To contribute to Faculty of Health's advancement and initiatives from *local to global* levels.



A Whole Community Approach of Promoting Resilience



*Khanlou, N. & Wray, R. (2014). A whole community approach toward child and youth resilience promotion: A review of resilience literature. *Int J Ment Health Addiction*, 12:64-79.

Research

Since 2008 led as PI or Co-PI and co-I in over 20 research projects. Sources of funding included CIHR, MOHLTC, Women's Exchange, and York University's Faculty of Health.

Select examples

Community-based

- Immigrant Mothers of Children with Disabilities Projects 1 and 2
- Young Mothers in Women Moving Forward Program

Populations-based

- PTSD in Refugee Children and Youth
- POWER Study (Project for Ontario Women's Health Evidence-Based Report)

Policy-oriented

- Immigrant and Racialized Women's Project
- Ontario Multicultural Health Applied Research Network

Local to Global Initiatives and Outreach

Select examples



International

- International Network on Youth Integration - INYI (Khanlou: Founder of INYI and Editor of INYI Journal: <http://www.yorku.ca/nkhanlou/inyi.html>)
- Visiting Scholars/ Students (South Korea, Brazil)

Communities

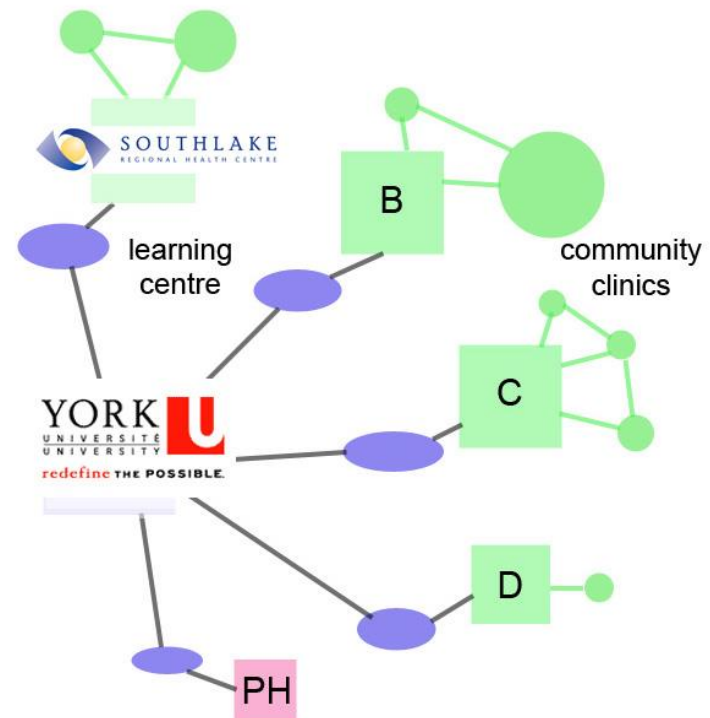
- Collaboration with women's organizations
- Collaboration with practice/ policy agencies
- Organizer of academic-community focused events
- E-newsletter sent via Chair's listserv

Students

- Supervision to students from undergraduate to postdoctoral levels and research personnel from diverse disciplines (health, nursing, psychology, sociology, law)
- Academic Lead to Lillian Wright Maternal-Child Health Scholars Program

York Health Academic Network (YHAN)

- A network model with hospitals, primary care, community health, public health, social services, education, government (Central LHIN), industry
- Faculty of Health and other groups as hub on York Campus
- Multi-purpose learning and research centres distributed among partners



Global - Local Orientation (glocal)

**York University Strategy for Health:
Linking our culturally diverse campus and
community for improving health for all**



Some Critical Success Factors for Academic - Community Partnerships

- a) Address a common Vision and compelling Need where all parties are committed and share benefits
- b) Foster Innovation: person centered health and social services enabled by mobile and cloud computing technology
- c) Sustainability: addressed it at the get-go with diverse partnerships
- d) Global – Local (glo-cal) strategic focus
- e) Grounded in research (evidence based), education and training (professional development) programs

The Challenges are Large but not Insurmountable



Healthy and Peaceful Times Ahead



Lets have a Dialogue and Co-Create Solutions Together

