



**FAMILY SERVICES of PEEL**

Since 1971

**Please be advised the **FAMILY SERVICES of PEEL** will remain OPEN to serve you.**

**To ensure the health and safety of staff and clientele please cancel your appointment if you are experiencing any flu like symptoms.**

During this time, it is of utmost importance that our community continues to support one another and that we take care of ourselves and our loved ones. The virus is amongst us, but there are measures that each one of us can implement to reduce the spread of this virus.

**Here are ways you can help protect your families:**

- ✓ Wash your hands frequently for at least 20 seconds
- ✓ Monitor for symptoms, like a fever and dry cough
- ✓ Cough and sneeze into the bend of your arm, not in your hands
- ✓ Avoid touching your eyes, nose, and mouth with your hands
- ✓ Avoid non-essential travel and large gatherings
- ✓ Keep monitoring public health agencies updates and remain vigilant

It is important to stay at home if you do not feel well, and that you call your health care provider before visiting them should you wish to get tested.

**Federal Response**

Our government is working diligently with local, provincial, territorial and international partners to minimize the health, economic, and social impacts of COVID-19 in Canada and around the world. We are supporting vaccine and countermeasure research and development, as well as ensuring that front line healthcare workers have the personal protective equipment they need to remain safe. Moreover, additional border control measures have been implemented to screen arrivals and limit exposure.

**Credible Sources for Updates**

There is a lot of misinformation about the virus that is being circulated on social media. You are encouraged to verify the credibility of all information and rely only on credible sources. Please stay up to date by relying on credible sources like [Canada.ca/coronavirus](https://Canada.ca/coronavirus) or the Government of Canada's toll-free information line at 1-833-784-4397 for the latest updates on the virus. You can also find information at the Region of Peel website at [peelregion.ca/coronavirus](https://peelregion.ca/coronavirus) or by calling Peel public health at 905 799-7700.

We will get through this together. Please be cautious. Be patient. Be considerate. Stay up to date with accurate information.

*Excerpts of the above message from MP Omar Alghabra*