

# Active Parenting Program



## Bringing families together, VIRTUALLY

- **FREE** parenting group, for parents/caregivers
- Families meet 1x per week for 4 weeks
- Topics include: You and Your Child; Preventing Problems; Encouraging Positive Behavior; Preparing for School Success

### Program Details

- Spend quality time with your family
- Connect with other families in the community
- Participate in fun-filled activities and receive resources
- **Materials are provided**

### Family Eligibility

- Access to a laptop or tablet with a secure internet connection
- Must be a resident of Peel Region
- At least one child between the ages of 0 – 5

### Registration

- To register, send an email to Renée [rmcmillan@fspeel.org](mailto:rmcmillan@fspeel.org) or Sam [sdoku@fspeel.org](mailto:sdoku@fspeel.org)
- Please note, group session start dates are TBD

